

# Shooting Federation of Nova Scotia



## Long Term Athlete Development Bursary Program

**IMPORTANT:** Read carefully. Applications are to be made on-line only through the Support4Sport Athlete Assistance program on the Sport Nova Scotia website

## **Long Term Athlete Development Program (All Disciplines)**

The Shooting Federation of Nova Scotia is committed to supporting amateur athletic development. To help support Nova Scotia marksmen of all disciplines, the SFNS has created a Long Term Athlete Development Bursary Program from which bursaries will be awarded annually to those individuals who best demonstrate their continuing commitment towards skill development. Disciplines supported are Airgun, Smallbore Target Rifle, Fullbore Target Rifle (including Service Rifle), ISSF/ISU Handgun, IPSC/IPDA Handgun, Shotgun and Black Powder. Up to seven awards of \$250.00 each will be given out yearly to active SFNS members who exemplify a commitment to personal Long Term Athlete Development (LTAD).

### **About LTAD**

Long Term Athlete Development (LTAD) is a systemic approach being developed and adopted by the Shooting Federation of Canada and the Shooting Federation of Nova Scotia to maximize a participant/athletes potential and involvement in our sport. The LTAD framework aims to define an optimal training and competition model based on biological age rather than chronological age. It is athlete centered, coach driven and administration, sport science and sponsor supported.

By tailoring an athlete's/participant's sport development program to suit basic principles of growth and maturation, especially during the 'critical' early years of their development, enables him / her to:

- Reach full potential (introduction to National, International and Olympic podiums)
- Increase lifelong participation in Athlete and other physical activities
- Improving health and well-being

The framework sets out the recommended training sequence and skills development for the participant from the Active Start Stage (6 and under) to the Active for Life Stage. It addresses the physical, mental, emotional and technical needs of the athlete as they pass through each stage of development. We encourage you to read more on LTAD by going to the Coaching section of the SFNS website at [www.sfns.info](http://www.sfns.info).

For what can the money be used?

- Coaching lessons (with a Current National Certified Coach)
- Training fees
- Competition fees
- Continuing education (e.g. clinics)
- Other activities that will assist in the achievement of long-term athlete objectives.

Who is eligible?

- You must have been a member (junior or senior) of an SFNS affiliated club in Good Standing for the current and previous year.
- You must have lived in Nova Scotia for the past two (2) years and be a Canadian citizen or hold landed immigrant status.
- You must be a resident of Nova Scotia on the date the match / event or program that the requested funding will be used towards and not the date of application or approval.
- You must demonstrate a commitment to personal Long Term Athlete Development. There is no limit to the number of times an applicant may receive this bursary.

## **Selection Process**

- Bursaries will be awarded to those applicants who best illustrate their current commitment to Athlete development and how the bursary will aid in the achievement of their LTAD goals (i.e. training fees with a certified coach, competition fees, etc...) and furthering the profile and status of their chosen discipline.
- Where possible, a bursary will be given to one athlete in each of the seven shooting disciplines. If application numbers do not support such, numerous bursaries may be given to the same discipline or the amount of a single bursary increased.
- Winners will be selected by a sub-committee of the Shooting Federation Council. All personal information will be kept confidential and disclosed only to those parties on a need to know basis. The committee will use a pre-determined scoring system to assist with the selection process.

## **How to apply:**

Applications are to be made on-line through the Support4Sport Athlete Assistance program on the Sport Nova Scotia website at this link:

<http://www.sportnovascotia.ca/Funding/StartaNewApplication/ForAthletes/Support4SportAthleteAssistance/AthleteAssistanceApplication/tabid/1422/Default.aspx>

You will be applying for a Tier 6 Athlete Assistance (PSO Carding) Grant.

To support your Application the Shooting Federation **MAY** contact you for additional information such as:

- Your current progress with respect to LTAD in your chosen discipline.
- How the grant would be spent. For example to augment lessons with a nationally certified coach, to compete out of province, etc... SFNS reserves the right to request a written follow up report from the bursary recipient based on this declaration.
- Recommendation/Reference Letters – from a certified athlete coach or from independent supporters.

The completed Application must be made by May 1 of each year. Only complete applications will be considered. Late applications will not be considered. Successful candidates will be notified by the end of the following month.

Please Note:

- SFNS may, at their option, print, reproduce and publish the successful applicants name and photograph in any medium, without further compensation.
- SFNS reserves the right to withdraw or modify all or part of this Bursary and application process.

For more information contact us at [info@sfns.info](mailto:info@sfns.info)

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